The Coalition for Collaborative Care
Action for Long Term Conditions

Our vision for the future
"For me, person-centred care is about two things. First, it means healthcare professionals seeing me as a whole person with a productive and complex life rather than a series of single conditions. Most of the time I manage my own care myself and while I truly value the expertise of healthcare professionals they need to make the most of, and value, my expertise and experience.

Second, systems and budgets need to be much more joined-up. Explaining repeatedly, and 'dealing' with disparate services, wastes everybody's time and resources and doesn't help anyone."

Fiona Carey
Member of the Co-production Group for the Coalition for Collaborative Care
We need to make big changes for people living with long-term conditions

People with long-term conditions often spend just a few hours a year with health and care professionals.

The majority of their lives are spent managing their conditions themselves.

Our health and care systems must get better at helping people to do this. This means we need to change the way we support people with long-term conditions.

Face-to-face GP sessions need to change.
The way health and care professionals are trained needs to change.

People with long-term conditions, and their family members and carers need to have the right support, information and skills.

They need to have the power and the confidence to manage their own conditions, be able to live the life they want, be supported in their own communities and be able to make a valued contribution to their communities.

What does the Coalition for Collaborative Care want to happen?

We believe that people with long-term conditions should be able to express their own needs and decide what is most important to them in partnership with health and care professionals.
People with long-term conditions should be in charge of their own lives and should be treated as equals in their relationship with health and care professionals.

Professionals need to recognise that people with long-term conditions don’t just have a ‘health’ or ‘care’ need, they also have gifts and talents that they can share with their local communities.

We think this is the right way for people with long-term conditions to be supported through all stages of their life. We know that doing it this way helps them to better manage their conditions, stay well and stay independent.

We want to make this a reality for more people through person-centred collaborative care and build a powerful movement for change.
What is person-centred collaborative care?

This is about using a range of tried-and-tested ways to help people make joint decisions about their care and treatment. It’s about having ‘better conversations’ with people.

This includes personalised care and support planning where people with long-term conditions can speak about their problems and work in partnership with professionals to find solutions. Personal budgets are a good example of how this can be done.

An organisation called ‘Nesta’ uses the term ‘more than medicine’ which helps people to think about what support other than ‘medicine’ is available to help people manage their conditions. This can include community-based activities such as peer support groups.
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‘The ‘House of Care’ model helps people and organisations to think about how to introduce these approaches and the changes that are needed to make person-centred collaborative care really happen for people.’

It shows the importance of linking people with community activities and social networks that build confidence and provide support in their daily lives.

Why did we set up the Coalition?

The Coalition for Collaborative Care was set up to help make big change happen for people more quickly.

It is made up of a growing number of people, groups and organisations working together who are committed to making change happen.
This includes organisations responsible for NHS services as well as major charities and voluntary organisations supporting people with long-term conditions, plus health and care professional bodies.

However at the heart of the Coalition, and all the work we do, will be the people themselves with long-term conditions, their family members and carers.

How will we work?

We will encourage and help develop a new way of supporting people with long-term conditions. This will involve a range of activities including providing information and networking groups for support, learning and training.
We will also work to create the right environment to allow person-centred collaborative care to happen by encouraging and guiding people to introduce these new approaches.

How can you get involved?

There are a number of ways you can get involved:
You can become an individual member of the Coalition. This means you can get advice and information from the Coalition;
access to more materials and resources on the website;
and a chance to influence the work of the Coalition.
If you are from a group or organisation you can also apply to be a partner. We’re looking for committed organisations to share their skills and time to help the Coalition make its vision and goals happen.

You can simply tell us your ideas about what we should be focusing our work on.

Or you can just choose to get news and developments from the Coalition by joining our e-newsletter mailing list.

It’s up to you. But we hope you decide to get involved and make big change happen for people.
Find out more

You can find out more by visiting our website at:
www.coalitionforcollaborativecare.org.uk

or by emailing us at:
info@coalitionforcollaborativecare.org.uk

or by phoning:
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